



# SPROUT

## Morning & Afternoon Tea Catering

### MENU

Our menus are tailored specifically to the time of your event, whether it is held at your home, or at a venue of your choice  
We are also happy to help if you need a Venue.

Ph. 02 40327920



## SAVOURY ITEMS

Chicken & Herb Finger Sandwich

Turkey & Cranberry Finger Sandwich

Vietnamese Vegetarian Rice Paper rolls GF V

Mini Roll with Leg Ham Swiss & tomato chutney

Vegetable Spring Rolls with soya dipping sauce V

Sweets Corn & Zucchini fritter V

Steamed asparagus with béarnaise sauce V GF

Mini. Quiche V

Pork & Fennel Sausage rolls

Braised Lamb & rosemary pie

Pumpkin, Spinach & Ricotta Pastry roll. V

Savoury Muffins with Ham, parmesan cheese & Corn

Leg ham & Tomato brushetta Crostini

Roasted Tomato & Onion Tarts with feta cheese V

Assorted Sushi GF & V

## SWEET ITEMS

Coconut & Lime Cupcakes  
Assorted Cookies  
Mini lemon Meringue Tarlet  
Almond Berry tartlets  
Chocolate & Coffee slice GF  
Assorted Macaroons GF  
Mini Cinnamon Doughnuts  
Orange Syrup cake GF DF  
Rich Chocolate Brownie GF  
Chocolate & Salted Caramel tart  
Scones with Jam & Cream  
Chocolate & Pistachio Truffle GF  
Mini Yoghurts fruit compote & Muesli

## CHEESE PLATTERS

(Small 10-12 ppl \$75.00 or Large 15-20 ppl \$130.00)

## FRUIT PLATTERS

(Small 10-12 ppl \$45.00 or Large 15-20 ppl \$60.00)

2 ITEMS \$9.50 (CHOICE OF 2 ITEMS)

3 ITEMS \$14.00 (CHOICE OF 3 ITEMS)

4 ITEMS \$18.20 (CHOICE OF 4 ITEMS)

MINIMUM NUMBER OF GUESTS 20



## FULL HIGH TEA PACKAGE

### Savoury

Chicken Herb finger Sandwich

Cucumber finger Sandwich

Leg ham & Swiss cheese rolls with tomato chutney

Mini Braised Lamb pie

Spinach & Ricotta roll

### Sweets

Assorted Macaroon

Almond Berry tartlets

Lemon Meringue tartlet

Chocolate & Pistachio truffle

Home made Scones with Strawberry jam & whipped cream

### Beverages

Freshly brewed Teas Plunger coffee Seasonal Fruit Ice Tea Punch

FULL PACKAGES \$45.00 PER PERSON

## ADD ONS

COFFEE & TEA SERVICE 3.50 per person Self-service coffee & tea station, with hot water urn, coffee, tea collection, milk and sugar  
(Disposable coffee cups, wooden spoons & Urn additional charge)  
Additional- coffee mugs 0.80 cents each

HOT APPLE CIDER 5.00 per person Looking for something different from Tea & Coffee? Why not try our homemade Hot Apple cider- served hot in Glass with cinnamon quill

SERVICE STAFF from \$135 - (Weekday Rate)  
For 3 hours minimum  
Our professional & experience team will arrive, set up, and take care of service and clean up.

BEVERAGES - Charged on Consumption  
Bottled still water 750 mls \$8 per bottle  
Bottled sparkling water 750 mls \$8 per bottle  
Soft drinks \$4.50 per item  
Juice from \$4.00 per glass  
Champagne from \$22 per bottle  
Wine from \$22 per bottle  
Beers from \$7.50 per bottle  
Glassware hire \$1 each

Talk to us about beverage packages