



SPROUT

Morning & Afternoon Tea Catering

MENU

Our menus are tailored specifically to the time of your event, whether it is held at your home, or at a venue of your choice
We are also happy to help if you need a Venue.

Ph. 02 40327920



SAVOURY ITEMS

Chicken & Herb Finger Sandwich

Turkey & Cranberry Finger Sandwich

Vietnamese Vegetarian Rice Paper rolls GF V

Mini Roll with Leg Ham Swiss & tomato chutney

Vegetable Spring Rolls with soya dipping sauce V

Sweets Corn & Zucchini fritter V

Steamed asparagus with béarnaise sauce V GF

Mini. Quiche V

Pork & Fennel Sausage rolls

Braised Lamb & rosemary pie

Pumpkin, Spinach & Ricotta Pastry roll. V

Savoury Muffins with Ham, parmesan cheese & Corn

Leg ham & Tomato brushetta Crostini

Roasted Tomato & Onion Tarts with feta cheese V

Assorted Sushi GF & V



SWEET ITEMS

Coconut & Lime Cupcakes
Assorted Cookies
Mini lemon Meringue Tarlet
Almond Berry tartlets
Chocolate & Coffee slice GF
Assorted Macaroons GF
Mini Cinnamon Doughnuts
Orange Syrup cake GF DF
Rich Chocolate Brownie GF
Chocolate & Salted Caramel tart
Scones with Jam & Cream
Chocolate & Pistachio Truffle GF
Mini Yoghurts fruit compote & Muesli

CHEESE PLATTERS

(Small 10-12 ppl \$75.00 or Large 15-20 ppl \$130.00)

FRUIT PLATTERS

(Small 10-12 ppl \$45.00 or Large 15-20 ppl \$60.00)

2 ITEMS \$8 (CHOICE OF 2 ITEMS)
4 ITEMS \$16.00 (CHOICE OF 4 ITEMS)
6 ITEMS \$22.50 (CHOICE OF 5 ITEMS)

MINIMUM NUMBER OF GUESTS 20

FULL HIGH TEA PACKAGE

Savoury

Chicken Herb finger Sandwich

Cucumber finger Sandwich

Leg ham & Swiss cheese rolls with tomato chutney

Mini Braised Lamb pie

Spinach & Ricotta roll

Sweets

Assorted Macaroon

Almond Berry tartlets

Lemon Meringue tartlet

Chocolate & Pistachio truffle

Home made Scones with Strawberry jam & whipped cream

Beverages

Freshly brewed Teas Plunger coffee Seasonal Fruit Ice Tea Punch

FULL PACKAGES \$45.00 PER PERSON

ADD ONS

COFFEE & TEA SERVICE 3.50 per person

Self-service coffee & tea station, with hot water urn, coffee, tea collection, milk and sugar

(Disposable coffee cups, wooden spoons & Urn additional charge)

Additional- coffee mugs 0.80 cents each

HOT APPLE CIDER 5.00 per person Looking for something different from Tea & Coffee? Why not try our homemade Hot Apple cider- served hot in Glass with cinnamon quill

SERVICE STAFF from \$135

For 3 hours minimum

Our professional & experience team will arrive, set up, and take care of service and clean up.

BEVERAGES - Charged on Consumption

Bottled still water 750 mls \$7.50 per bottle

Bottled sparkling water 750 mls \$7.50 per bottle

Soft drinks \$4.50 per item

Juice from \$4.00 per glass

Champagne from \$18 per bottle

Wine from \$18 per bottle

Beers from \$6.50 per bottle

Glassware hire \$0.80 each

Talk to us about beverage packages